

# MARS FOOTBALL 7/8 TEAM

MARS GEAR




3-4 ITEMS

SUPERVISED WINTER AND SPRING WORKOUTS



34 DAYS

SPRING MINI-CAMP PRACTICE




4 DAYS

SUPERVISED SUMMER WORKOUTS




14 DAYS

CUSTOMIZED WORKOUT PLANS VIA TRAINHEROIC




TRAINHEROIC

TEAMSAP




TEAMSAP

HUDL



HUDL

7 ON 7'S




7on7 FOOTBALL

4 TO 6


MODERN DEFENSE & OFFENSE SCHEMES

**TOUCHDOWN**




TOUCHDOWN

UP TO DATE UNIFORMS & EQUIPMENT




UNIFORMS & EQUIPMENT

PB&J AND PROTEIN DRINKS AT PRACTICE



PB&J AND PROTEIN DRINKS AT PRACTICE

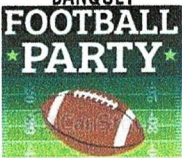
TEAM PHOTOGRAPHER



TEAM PHOTOGRAPHER

END OF SEASON BANQUET


**FOOTBALL PARTY**



FOOTBALL PARTY

AWAY GAME POST GAME SNACK

**BSBs**



BSBs