























MARS FOOTBALL VARSITY / JV

<p>MARS GEAR</p>  <p>4-6 ITEMS</p>	<p>SUPERVISED WINTER & SPRING WORKOUTS</p>  <p>49 DAYS</p>	<p>SPRING MINI-CAMP PRACTICE</p>  <p>4 DAYS</p>	<p>SUPERVISED SUMMER WORKOUTS</p>  <p>21 DAYS</p>
<p>CUSTOMIZED WORKOUT PLANS VIA TRAINHEROIC</p> 	<p>HUDL</p> 	<p>TEAMSNAP</p> 	<p>7 ON 7'S</p>  <p>6-8</p>
<p>MODERN DEFENSIVE & OFFENSIVE SCHEMES</p> 	<p>UP TO DATE UNIFORMS & EQUIPMENT</p> 	<p>PB & J AND PROTEIN DRINKS AT PRACTICE</p> 	<p>SATURDAY MORNING BREAKFAST WITH FILMS</p>  <p>TOP 30</p>
<p>TRAVEL MEALS AND SNACKS DURING PLAYOFFS</p> 	<p>PIZZA AND FILMS</p> 	<p>PREGAME & HALFTIME NUTRITION</p> 	<p>EVENT MEAL ITEM</p> 
<p>POST AWAY GAME FOOD</p> 	<p>TWO A DAY MEALS</p> 	<p>SCHOLARSHIPS FOR SENIORS</p> 	<p>TEAM PHOTOGRAPHER</p> 
<p>PRACTICE & GAME UNIFORMS LAUNDERED</p> 	<p>7 ON 7 TRIP (WITH CO-PAY)</p>  <p>TOP 20-40</p>	<p>END OF SEASON BANQUET</p> 